



# Planning Ahead

## Steps that can smooth your transition to senior living

We understand that the thought of moving into a senior living community can be overwhelming, but we are here to support you every step of the way! The more time you give yourself to plan, the less stressful the process will be. Now is the perfect time to start outlining a plan for your future. We invite you to review these important areas that many families navigate for a successful move.

**Get on a Waitlist**  
Many communities, including ours, have a waitlist for larger, prime apartments. We encourage you to add your name to the waitlist, even if you're 6-12 months from making the move.

Being added to our waitlist is simple: choose your ideal size apartment, sign the necessary paperwork, and submit a deposit. You will receive updates about your position on the waitlist, and once your desired apartment becomes available, you'll be notified. If you're not ready to move immediately, you'll remain on the list and be contacted when an apartment opens up. Your deposit is fully refundable if your circumstances change.

**Start Preparing to Sell Your Home**  
Often, this step requires the help of professionals.

**Contact a Realtor\***  
Have a realtor assess your home and recommend any changes before listing it. They can also provide an estimate of how long it might take to sell.

**Meet with a Downsizing Expert\***  
Many people feel overwhelmed by the thought of downsizing their belongings. A downsizing expert can assist with this process, from determining what will fit in your new apartment to helping with sorting, packing, and unpacking.

**Consult an Elder Law Attorney**  
Ensure your legal paperwork, including your will and power of attorney, is in order.

**Meet with a Financial Advisor**  
Discuss your plans with your financial advisor to receive personalized advice.

**Schedule a Visit with Your Doctor**  
Ensure all your medical information is up to date.

**Explore Available Benefits You May Qualify For\***  
The Veterans Aid & Attendance Benefit helps veterans reimburse some of the costs associated with senior living.

**Review Your Long-Term Care Insurance**  
If you have long-term care insurance, contact your provider to discuss the process and what is covered by your policy.

\*We can provide you with a list of recommended professionals.

Visit [sagewynn.org](http://sagewynn.org) and start planning for your future!



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